

CONFESSIONS Saturday after morning mass until 11:15am and before the vigil mass from 5:30-6:15pm

MASS INTENTIONS 20th January - 28th January 2024

Saturday 20th Jan 2024	6.30pm	(vigil) James Kerins RIP
Sunday 21st January 2024 Third Sunday of the Year B	8.30am	People of Parish
	10.00am	Vincia Culzac RIP
	12 Noon	Robert Baxter Intentions
	3.00pm	Spanish Mass
	6.30pm	Solemn Holy Hour
	7.30pm	Mass
Monday 22nd Feria	7.45am	Mr & Mrs Robert Wallwork & Family Ints
	10.00am	Sally Conteh Thanksgiving Alex Souza RIP
Tuesday 23rd Feria	7.45am	Seamus & Mary Maughan
	10.00am	Madeline Tan RIP
	8.00pm	St Anthony's Novena
Wednesday 24th St Francis de Sales	7.45am	Brian & Jean Briggs Philip Fernandez, Telma Philip, Mary Gomez
	10.00am	Requiem: Stella Phillips
Thursday 25th The Conversion of St Paul	7.45am	In thanksgiving (J Chandal)
	10.00am	Justin Christopher & Thomas K P Kathy & James Driver RIP
Friday 26th St Timothy & Titus	7.45am	Dexter Dias Thanksgiving
	10.00am	Sammaneto Charles RIP
Saturday 27th Feria	10.00am	Ann Baker Intentions
	6.30pm	(Vigil) Mrs A M Henry RIP
Sunday 28th January 2024 Fourth Sunday of the Year B Racial Justice Day	8.30am	People of Parish
	10.00am	Dennis Castellas & Lily MacFarlaine
	12 Noon	Jerome Anekwe RIP
	3.00pm	Spanish Mass
	4.30pm	Tamil Mass
	6.30pm	Solemn Holy Hour
	7.30pm	Mass

We pray for the SICK of our Parish, Families & Friends— and all at home or in hospital, and all who care for our sick.

ST ANTONY'S CHURCH FOREST GATE
Third Sunday of the Year B—21st January 2024

Our First Reading is from the Prophet **Jonah 3:1-5,10**: God spared the people of Nineveh because they heeded the message God sent through Jonah. The **Responsorial Psalm** is from **Psalms 25**: The Lord teaches us his ways. The **Second Reading** is taken from **1 Corinthians 7:29-31**: Paul warns the Corinthians that they must act differently because the world in its present form is passing away. Today's **Gospel Reading** is **Mark 1:14-20**: Jesus calls the fishermen, Simon and Andrew, James and John, to be his disciples.

Sunday of the Word of God

The Third Sunday of Ordinary Time is the 'Sunday of the Word of God' - a day, instituted by Pope Francis on the Feast of Saint Jerome in 2019, devoted to the celebration and study of Sacred Scripture.

“Devoting a specific Sunday of the liturgical year to the word of God can enable the Church to experience anew how the risen Lord opens up for us the treasury of his word and enables us to proclaim its unfathomable riches before the world”. **Pope Francis**

Pope Francis will preside over the celebration for the Sunday of the Word of God on 23 January in St Peter's Basilica. The Holy Father encourages every parish to devote this day to “the celebration, study and dissemination of the Word”.

What can I do to start reading my Bible more often and to understand it better?

- Go and visit the **God Who Speaks website**; godwhospeaks.uk
- This website is the Bishops' Conference Scripture initiative, in partnership with Bible Society, that nurtures a deeper Catholic engagement with the Bible. If you're curious about the Bible, 'The God Who Speaks' is the place for you. It has great resources, events and ideas to help you deepen your faith and love of the Scriptures.
- Join the Parish Bible Study Group which starts up today and continues every Sunday (See details below)
- Follow Fr Mike Schmidt's Bible in a Year Podcast. Cover the whole Bible;
- <https://media.ascensionpress.com/category/ascension-podcasts/bibleinayear/>
- Join our Friday Night online course; Know Your Faith
- Instead of watching hours of Netflix/TV, check out the Catholic equivalent of Netflix called **Formed**. As a parish we pay a subscription which means you have thousands of Scripture and faith formation, lives of saints, documentaries, children's programs and formation etc. www.formed.org

Dear friends, today is **Sunday of the Word of God**, we will be gathering “in person” to do our Bible Study. It will be at **2pm in St Clare's Hall** just after the Sunday Coffee and Tea gathering after mass. That day Father John will develop a theme from the Bible on; **The 7 Churches of the Book of Revelation**. Also, we ask that all those who join us in person that day to come ready to share; *what is your favourite passage in the Bible and why?*

Sunday Bible Study – Mary in the Bible with Brant Pitre

Our Sunday Online Bible Study will be starting up on **Sunday January 28th** and this semester's theme will be Mary in the Bible with Brant Pitre. Dr Brant Pitre is an amazing Scripture scholar and everyone who has done any courses with him have always enjoyed it immensely. The online classes will be via Zoom (Link will be posted) and streamed every Sunday at 4pm.

Know Your Faith online Formation from Friday January 26th

Our weekly faith online Formation night will be starting up very soon. Every Friday night from Friday January 26th we will be gathering to deepen, share and study important aspects of our faith. The online gathering begins at 7:30pm.

The subject this semester on *Know Your Faith* will be on **How to Pray**. A study designed to help us cultivate a rich and lasting prayer life.

Join Zoom Meeting: <https://us02web.zoom.us/j/72104785609>

The FIAT 40 Challenge – Lenten Effort for Catholic Women 2024

Calling all the women of the parish, if you would like to make your Lenten journey more meaningful. **The Three Elements of Fiat 40**

Accepting the challenge of Fiat 40 means a commitment to these three challenges throughout the season of Lent;

PRAYER - Drawing Closer to Christ

ASCETICISM - Self Discipline

SISTERHOOD - Companions on the Journey

The pre-Lenten gathering will be on Tuesday February 13th at 7pm here at the parish. On that evening Sister Emelda will explain what this journey is all about. If you are interested in being part of this please let Sister Emelda or Fr John know. I hope you can join us on this journey.

Lent 2024 - Men's Exodus Lenten Journey 2024

I invite all the men of the parish to join us on our Lenten effort this year.

We will gather on Tuesday February 13th at the Redhouse for *a last hurrah*, before the great Lenten journey together begins and then every Saturday morning during Lent we will gather to share and pray together. More details will follow,

The main disciplines include;

Daily time of Prayer and Spiritual reading

Fasting and abstinence on Wednesdays and Fridays

Cutting back on internet and mobile phone and TV use

No Alcohol

No sweets/ desserts

Physical exercise and healthier life style (Don't worry, no cold showers this time around)

Weekly fraternity meeting

Missionary Sisters of St Peter Claver

We welcome to the parish this weekend the Missionary Sisters of St Peter Claver to appeal on behalf of the Sisters Mission Committee of England and Wales. They will tell us about their missionary work and will be grateful for your support.

Stella Phillips RIP – please pray for the repose of the soul of Stella Philips who died recently her Requiem Mass will be in St Antony's Church on **Wednesday 24th January at 10am**. Please pray for her family and friends. Eternal rest grant unto her O Lord and let perpetual light shine upon her may she rest in peace. Amen.

St Antony's Football Team - Please come and support St Antony's Football team on Wednesday 24th January 2024 (St Antonys FC vs Dreri - Ultimate 67 League Final). Between 8pm-10pm at New City College, Poplar, E14 0BX. Contact VJ for confirmed kick off details: 07508708728

Friends of St Antony (FSA) will be celebrating Mass at Westgate House on Tuesday 23rd January at 11.00am, all are welcome.

***If you would like to meet with Fr John Jesus
Fr John's next surgery will be on Friday 26th January 2024 - 4pm-5pm.***

The next Baptismal Preparation Course

Will be on **Saturday 17th February 2024** and begins at **12.00 Noon promptly**. Parents who wish to have their children Baptised must attend the Baptismal Preparation course. You will be asked to provide a copy of your Baptismal certificate and also your Godparents Baptismal Certificate which must include details of Confirmation.

Racial Justice Day—28th January 2024—there will be a second collection next weekend. ***“Seeing one another in the life of the Church”***

Brentwood Diocesan Trust Registered Charity Number 234092

- **online donations link:** <https://stream.seccomgroup.com/donations/saop>
- **Donations can be made parish web-site** www.stantonysforestgate.com
- Payment direct into the parish bank account using online banking
- **QR Codes available around the church**
- **Contactless using QR Codes located around the Church**

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