

CONFESSIONS Saturday after morning mass until 11:15am and
before the vigil mass from 5:30-6:15pm

MASS INTENTIONS 27th January - 4th February 2024

Saturday 27th Jan 2024	6.30pm	(vigil) Mrs A M Henry RIP
Sunday 28th January 2024 Fourth Sunday of the Year B Racial Justice Day	8.30am	People of Parish
	10.00am	Dennis Castellás & Lily MacFarlane
	12 Noon	Jerome Anekwe RIP
	3.00pm	Spanish Mass
	4.30pm	Tamil Mass
	6.30pm	Solemn Holy Hour
	7.30pm	Mass
Monday 29th Feria	7.45am	Dulcie Castellás
	10.00am	Kunjachan & Lawarncya Peter & Yescudasan
Tuesday 30th Feria	7.45am	David Hiles RIP
	10.00am	Andrea Obi Thanksgiving
	8.00pm	St Anthony's Novena
Wednesday 31st St John Bosco	7.45am	John Tan
	10.00am	Raymond Macadandang RIP Martin Henry RIP
	4.30pm	Reception of Body Rita Challis
Thursday 1st February Feria	7.45am	Seamus, Mary & Family Intentions
	10.00am	Requiem: Rita Challis
First Friday 2nd Presentation of the Lord	7.45am	Prudence Roderick RIP
	10.00am	Margaret & Patsy Mullan Intentions
9.30pm Mass followed by All Night Adoration	9.30pm	Sacred Heart Confraternity
Saturday 3rd St Anne Line	10.00am	Basil Rosario RIP
	6.30pm	(Vigil) People of the Parish
Sunday 4th February 2024 Fifth Sunday of the Year B	8.30am	Alan Heldt
	10.00am	Mary Hunt Intentions
	12 Noon	Pat & Bernie McNally RIP
	3.00pm	Spanish Mass
	6.30pm	Solemn Holy Hour
	7.30pm	Mass

ST ANTONY'S CHURCH FOREST GATE
Fourth Sunday of the Year B—28th January 2024
Racial Justice Sunday

Our First Reading today is taken from Deuteronomy 18:15-20: Moses tells the people that God will raise up for them a new prophet.

The **Responsorial Psalm** is from **Psalm 95:** A song of praise to the Lord.

The **Second Reading** is **1 Corinthians 7:32-35:** Paul expresses his concern that those who are married are more likely to face the distractions of earthly life than those who are celibate.

Our **Gospel Reading this Sunday** is **Mark 1:21-28:** Jesus heals a man with an unclean spirit and his fame spreads throughout Galilee.

A man possessed with an unclean spirit calls out to Jesus. As we see in this example and throughout Mark's Gospel, the spirits and demons seem to know Jesus and are often fearful of him. In fact, they seem to understand Jesus' identity better than his disciples. As we will read again and again in Mark's Gospel, Jesus orders the spirit to be quiet and drives the unclean spirit out of the man. Jesus' ability to heal those possessed by demons is an indication of his power over evil.

We are missing the point that Mark is trying to make in this Gospel, however, if we try to explain away the healing work of Jesus. The crowds see in Jesus' cure of the possessed man further affirmation of his authority. Jesus' power to heal gives greater credence to his teaching. Jesus impresses the crowds through his words, which are manifested with power in his deeds. Mark's Gospel tells us that because of the authority with which he healed, Jesus' fame spread throughout all of Galilee.

Blessing of Candles - **Friday 2nd February** we will have the Blessing of Candles before the 10am Mass.

St Blaise Blessing of throats—on **Saturday 3rd February** we will have the Blessing of throats at the 10am Masses.

Brentwood Diocesan Trust Registered Charity Number 234092

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Parish Administrator: Marie Browne Tel: 020 8472 0433 :

Parish Youth Co-ordinator: Catherine Wallis-Hughes Tele: 07807348223.

St Antony's School: -T.020 8552 3670

Sunday Bible Study – Mary in the Bible with Brant Pitre - Our Sunday Online Bible Study will be starting up today, **Sunday January 28th** and this semester’s theme will be Mary in the Bible with Brant Pitre. Dr Brant Pitre is an amazing Scripture scholar and everyone who has done any courses with him have always enjoyed it immensely. The online classes will be via Zoom (Link will be posted) and streamed every Sunday at 4pm. Join Zoom Meeting: <https://us02web.zoom.us/j/72104785609>

The FIAT 40 Challenge – Lenten Effort for Catholic Women 2024 - Calling all the women of the parish, if you would like to make your Lenten journey more meaningful. The Three Elements of Fiat 40
Accepting the challenge of Fiat 40 means a commitment to these three challenges throughout the season of Lent;

PRAYER - Drawing Closer to Christ

ASCETICISM - Self Discipline

SISTERHOOD - Companions on the Journey

The pre-Lenten gathering will be on Tuesday February 13th at 7pm here at the parish. On that evening Sister Emelda will explain what this journey is all about. If you are interested in being part of this please let Sister Emelda or Fr John know. I hope you can join us on this journey.

Lent 2024 - Men’s Exodus Lenten Journey 2024 - I invite all the men of the parish to join us on our Lenten effort this year.

We will gather on Tuesday February 13th at the Redhouse for *a last hurrah*, before the great Lenten journey together begins and then every Saturday morning during Lent we will gather to share and pray together. More details will follow,

The main disciplines include;

Daily time of Prayer and Spiritual reading

Fasting and abstinence on Wednesdays and Fridays

Cutting back on internet and mobile phone and TV use

No Alcohol

No sweets/ desserts

Physical exercise and healthier life style (Don’t worry, no cold showers this time around)

Weekly fraternity meeting

We pray for the SICK of our Parish, Families & Friends– and all at home or in hospital, and all who care for our sick.

First Friday—First Friday 9.30pm Mass followed by All Night Adoration will be on **Friday 2nd February 2024**

Rita Challis RIP – please pray for the repose of the soul of Rita Challis who died recently her Requiem Mass will be in St Antony’s Church on **Thursday 1st February at 10am**. Reception of Body into the Church will take place on 31st January at 4.30pm. Please pray for her family and friends. Eternal rest grant unto her O Lord and let perpetual light shine upon her may she rest in peace. Amen.

St Antony’s Saturday Club—the Saturday Club will be on **Saturday 3rd February 2024, from 2pm-4pm**. The Saturday Club runs on a monthly basis and it is designed to offer the senior citizens of our parish a place to gather, have a cuppa and a sandwich, catch up and enjoy themselves for a few hours on a Saturday afternoon.

Fr John Jesus Surgery - If you would like to meet with Fr John Jesus his **Next surgery will be on Tuesday 6th February 2024 - 4pm-5pm.**

The next Baptismal Preparation Course—Will be on **Saturday 17th February 2024** and begins at **12.00 Noon promptly**. Parents who wish to have their children Baptised must attend the Baptismal Preparation course. You will be asked to provide a copy of your Baptismal certificate and also your Godparents Baptismal Certificate which must include details of Confirmation.

BCYS SUMMER LOURDES YOUTH PILGRIMAGE – *Last week of July 2024 (exact dates TBC)*
Bookings are now open online for the Brentwood Catholic Youth Service pilgrimage to Lourdes in July. The pilgrimage is open to all those in school year 10 – 13, with all those of school leaver age (18+) invited to join us as young leaders (subject to attending a training weekend). All details and applications can be found on the website
o www.bcys.net/events/sl24

Racial Justice Day — **28th January 2024** — there will be a second collection this weekend. **“Seeing one another in the life of the Church”**

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- online donations link: <https://stream.seccomgroup.com/donations/saop>
- Donations can be made parish web-site www.stantonysforestgate.com
- Payment direct into the parish bank account using online banking
- QR Codes available around the church
- Contactless using QR Codes located around the Church