

CONFESSIONS Saturday after morning mass until 11:15am and  
before the vigil mass from 5:30-6:15pm

*MASS INTENTIONS - 3rd - 11th February 2024*

Saturday 3rd Feb 2024	6.30pm	(vigil) People of the Parish
Sunday 4th February 2024 Fifth Sunday of the Year B	8.30am	Alan Heldt
	10.00am	Mary Hunt Intentions
	12 Noon	Pat & Bernie McNally RIP
	3.00pm	Spanish Mass
	6.30pm	Solemn Holy Hour
	7.30pm	Mass
Monday 5th  St Agatha	7.45am	Reuben D'Souza & Charles & Mabel Netto Bernadette Smith
	10.00am	Requiem Monique Murrell
Tuesday 6th St Paul Miki and Comps	7.45am	John, Helen, Dina Thanksgiving
	10.00am	Arulpiragasam Santhiapillai
	<b>8.00pm</b>	St Anthony's Novena
Wednesday 7th Feria	7.45am	Charmalee & Helen MacFarlene
	10.00am	Madeline Tan RIP
Thursday 8th Feria	7.45am	Hazel Joseph & Shirley D'Senna
	10.00am	George, Patricia & Family Intentions
Friday 9th Feria	7.45am	Seamus, Mary & Family Jerome Anekwe
	10.00am	Requiem Eileen Whiddett RIP
Saturday 10th St Scholastica, V	10.00am	Peter Quah Chong Beng Padre Pio Prayer Group Intentions
	6.30pm	(Vigil) Mrs Ann Henry RIP
Sunday 11th Feb 2024 Sixth Sunday of the Year B World Day for the Sick, & Day of Prayer for the Unemployed	8.30am	People of the Parish
	10.00am	The Gately Family Intentions
	12 Noon	Gertrude Augustine RIP
	3.00pm	Spanish Mass
	6.30pm	Solemn Holy Hour
	7.30pm	Mass

We pray for the SICK of our Parish, Families & Friends— and all at home or in  
hospital, and all who care for our sick.

***ST ANTONY'S CHURCH FOREST GATE***  
***Fifth Sunday of the Year B—4th February 2024***

**Our First Reading** this week is from **Job 7:1-4,6-7**: Job laments his sufferings and his life. The **Responsorial Psalm** is taken from **Psalm 147**: A song of praise for the Lord's goodness to the lowly. The **Second Reading** is **1 Corinthians 9:16-23**: Paul explains the conditions under which he preaches the gospel and the reasons why he will not accept financial help from the Corinthians. The **Gospel Reading** this Sunday is **Mark 1:29-39**: Jesus cures Simon's mother-in-law and many others as well.

Today we continue to read from Mark's Gospel, learning more about the ministry of Jesus. Jesus cured Simon's mother-in-law, and she immediately began to serve Jesus and his disciples. Jesus also cured many others who were brought to him, healing their illnesses and driving out demons. Gospel tells us that Jesus did this throughout Galilee.

Jesus' compassion and healing of the sick is a sign of the Kingdom of God. The Church continues to extend Christ's healing presence to others in its ministry to the sick. In the Sacrament of the Anointing of the Sick, the Church prays for spiritual and physical healing, forgiveness of sins, and comfort for those who are suffering from illness.

In today's Gospel we also notice the importance of prayer in Jesus' daily life. Jesus rose early in the morning, removed himself from the crowds, and went to a deserted place to pray. When the disciples found him, he told them that it was time to move on. We believe that in his prayers Jesus found guidance and direction from God. We also bring our decision-making to God in prayer, asking for his guidance and direction in our lives.

**The Book of Revelation with Brother Olivier** - One of the most mysterious books in the Bible, the book of Revelation is not an easy book to read yet it is such a key and central part in understanding our faith. Brother Olivier invites you to read a chapter together **every Saturday evening at 7:30pm starting February 10<sup>th</sup>**.

**Brentwood Diocesan Trust Registered Charity Number 234092**

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**Parish Administrator: Marie Browne Tel: 020 8472 0433 :**

**Parish Youth Co-ordinator: Catherine Wallis-Hughes Tele: 07807348223.**

**St Antony's School: -T.020 8552 3670**

**Fr John Jesus Surgery - If you would like to meet with Fr John Jesus his  
Next surgery will be on Tuesday 6th February 2024 - 4pm-5pm.**

**THANK YOU**—The family of the late Mrs Ann Henry, would like to say thank you to everyone that supported them, with their kind words, calls and prayers.

The donations given at Mrs Henry's funeral raised £1240.70.  
£500 was donated to St Joseph Hospice and £740.70 to St Antony's Church.

**The FIAT 40 Challenge – Lenten Effort for Catholic Women 2024** - Calling all the women of the parish, if you would like to make your Lenten journey more meaningful. The Three Elements of Fiat 40

Accepting the challenge of Fiat 40 means a commitment to these three challenges throughout the season of Lent;

PRAYER - Drawing Closer to Christ

ASCETICISM - Self Discipline

SISTERHOOD - Companions on the Journey

The pre-Lenten gathering will be on **Tuesday February 13th at 7pm** here at the parish. On that evening Sister Emelda will explain what this journey is all about. If you are interested in being part of this please let Sister Emelda or Fr John know. I hope you can join us on this journey.

**Lent 2024 - Men's Exodus Lenten Journey 2024** - I invite all the men of the parish to join us on our Lenten effort this year.

We will gather on **Tuesday February 13<sup>th</sup> at the Redhouse** for a *last hurrah*, before the great Lenten journey together begins and then every Saturday morning during Lent we will gather to share and pray together. More details will follow,

**The main disciplines include;**

*Daily time of Prayer and Spiritual reading*

*Fasting and abstinence on Wednesdays and Fridays*

*Cutting back on internet and mobile phone and TV use*

*No Alcohol*

*No sweets/ desserts*

*Physical exercise and healthier life style (Don't worry, no cold showers this time around)*

*Weekly fraternity meeting*

**Apprenticeships at Walsingham House:** Walsingham House are offering a two year apprenticeship course in Youth Ministry and Chaplaincy (Yr13 school leavers). Participants will live and work at Walsingham House, running retreats for young people across the diocese whilst studying with St Mary's University, Twickenham. For more information please email [clairebailey@brcdt.org](mailto:clairebailey@brcdt.org) or visit the website [www.bcys.net/apprenticeship-opportunity-at-walsingham-house/](http://www.bcys.net/apprenticeship-opportunity-at-walsingham-house/)

#### **Prayer for the Israel-Gaza Conflict:**

*O God of all justice and peace, we cry out to you in the midst of the pain and trauma of violence and fear which prevails in the Holy Land. Be with those who need you in these days of suffering; we pray for people of all faiths – Jews, Muslims and Christians and for all people of the land. While we pray to you, O Lord, for an end to violence and the establishment of peace, we also call for you to bring justice and equity to the peoples. Guide us into your kingdom where all people are treated with dignity and honour as your children – for to all of us you are our Heavenly Father. In Jesus' name we pray, Amen*

**The next Baptismal Preparation Course—Will be on Saturday 17th February 2024 and begins at 12.00 Noon promptly.** Parents who wish to have their children Baptised must attend the Baptismal Preparation course. You will be asked to provide a copy of your Baptismal certificate and also your Godparents Baptismal Certificate which must include details of Confirmation.

#### **Please pray for the repose of the soul of:**

**Monique Murrell RIP** – her Requiem Mass will be in St Antony's Church on **Monday 5th February at 10am.**

**Eileen Whiddett RIP**— her Requiem Mass will be in St Antony's Church on **Friday 9th February at 10am.**

Please pray for their family and friends. Eternal rest grant unto them O Lord and let perpetual light shine upon them may they rest in peace. Amen.

#### **Message from Sisters of St Peter Claver**

The Sisters' Mission Committee for England and Wales wish to thank all the parishioners of St Antony of Padua, Forest Gate for your generous donation towards the Annual Mission Appeal 2024. Your generosity amounted to £762.20.

We are very grateful for your support and may God reward you all.

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- online donations link: <https://stream.seccomgroup.com/donations/saop>
- Donations can be made parish web-site [www.stantonysforestgate.com](http://www.stantonysforestgate.com)
- Payment direct into the parish bank account using online banking
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- Contactless using QR Codes located around the Church